

ALLERGY GUIDE

| PROTEINS | GLUTEN FREE | DAIRY FREE | VEGAN | VEGETARIAN | NUT FREE | SESAME FREE |
|-------------------------------|-------------|------------|-------|------------|----------|-------------|
| CHICKEN | ✓ | ✗ | ✗ | ✗ | ✓ | ✓ |
| STEAK | ✓ | ✓ | ✗ | ✗ | ✓ | ✓ |
| GROUND BEEF | ✓ | ✓ | ✗ | ✗ | ✓ | ✓ |
| SMOKED PORK | ✓ | ✓ | ✗ | ✗ | ✓ | ✓ |
| FISH (COD) | ✗ | ✓ | ✗ | ✗ | ✓ | ✓ |
| SHRIMP | ✗ | ✓ | ✗ | ✗ | ✓ | ✓ |
| VIDA VEGGIES | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| VEGAN NUGGETS | ✗ | ✓ | ✓ | ✓ | ✓ | ✓ |
| RICE & BEANS | GLUTEN FREE | DAIRY FREE | VEGAN | VEGETARIAN | NUT FREE | SESAME FREE |
| RICE | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| BEANS | ✓ | ✗ | ✗ | ✗ | ✓ | ✓ |
| TORTILLAS & CHIPS | GLUTEN FREE | DAIRY FREE | VEGAN | VEGETARIAN | NUT FREE | SESAME FREE |
| FLOUR | ✗ | ✓ | ✓ | ✓ | ✓ | ✓ |
| CORN | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| CHIPS | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| TOSTADA (MAIZ) | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| SALSAS - QUESO - GUACAMOLE | GLUTEN FREE | DAIRY FREE | VEGAN | VEGETARIAN | NUT FREE | SESAME FREE |
| TRADITIONAL HOUSE SALSA | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| SALSA VERDE (GREEN SALSA) | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| PICO DE GALLO | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| TROPICAL SALSA | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| QUESO | ✓ | ✗ | ✗ | ✓ | ✓ | ✓ |
| GUACAMOLE | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| SAUCES | GLUTEN FREE | DAIRY FREE | VEGAN | VEGETARIAN | NUT FREE | SESAME FREE |
| VIDA SOUR CREAM | ✓ | ✗ | ✗ | ✓ | ✓ | ✓ |
| VIDA CHIPOTLE SAUCE | ✓ | ✗ | ✗ | ✓ | ✓ | ✓ |
| VIDA MAYO DRESSING | ✓ | ✗ | ✗ | ✓ | ✓ | ✓ |
| VIDA HOT SAUCE | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| VIDA WING SAUCE | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| VIDA BBQ SAUCE | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| SNACKS | GLUTEN FREE | DAIRY FREE | VEGAN | VEGETARIAN | NUT FREE | SESAME FREE |
| MEXICAN CORN ON THE COB | ✓ | ✗ | ✗ | ✓ | ✓ | ✓ |
| MEXICAN STUFFED CHEESE STICKS | ✗ | ✗ | ✗ | ✓ | ✓ | ✓ |
| VIDA JALEPEÑO POPPERS | ✓ | ✗ | ✗ | ✗ | ✓ | ✓ |
| VIDA AVOCADO POPPERS | ✗ | ✗ | ✗ | ✓ | ✓ | ✓ |
| SMOKED PORK ENCHILADAS | ✗ | ✗ | ✗ | ✗ | ✓ | ✓ |
| LIME SMOKED WINGS | ✓ | ✓ | ✗ | ✗ | ✓ | ✓ |
| DESSERTS | GLUTEN FREE | DAIRY FREE | VEGAN | VEGETARIAN | NUT FREE | SESAME FREE |
| VIDA CHURROS | ✗ | ✗ | ✗ | ✓ | ✓ | ✓ |
| STREET STYLE ELEPHANT EARS | ✗ | ✓ | ✓ | ✓ | ✓ | ✓ |
| SOUTH OF THE BORDER DOUGHNUTS | ✗ | ✗ | ✗ | ✓ | ✓ | ✓ |
| VIDA ICE CREAM SUNDAE | ✓ | ✗ | ✗ | ✓ | ✓ | ✓ |
| DRINKS | GLUTEN FREE | DAIRY FREE | VEGAN | VEGETARIAN | NUT FREE | SESAME FREE |
| HORCHATA | ✓ | ✗ | ✗ | ✓ | ✓ | ✓ |
| AGUA DE JAMAICA | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |
| PINEAPPLE AGUA FRESCA | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ |